

Solera Hiking Club

RIM-TO-RIM Grand Canyon National Park

Information from February 12, 2010 Meeting

1. Plan and Costs handout: Deposit

\$100.0

2. Balance for **Phantom Ranch and Transcanyon Shuttle** due by **March 1, 2010**

\$170.00

Cancellation policy:

N Rim Lodge rooms: 3 days prior to 4:00 check-in

Phantom Ranch: 30 days prior (May 1 to be safe)

Transcanyon Shuttle: \$10 service charge

3. Would you like me to make dinner reservations for the group at the **North Rim Grand Canyon Lodge** for the evening (7:00 PM) of June 8, Tuesday?
4. Breakfast and lunch items should be purchased Tuesday evening for hike down North Kaibab Wednesday.
Deli in the Pines: 7:00 AM—9:00 PM
Roughrider Saloon: 11:30—11:00 PM
Coffee Saloon: 5:30 AM—10:30 AM
There is also a **General Store** adjacent to the North Rim Campground. Open daily 7:00 AM—8:00PM.
5. **Hiker Shuttle to the North Kaibab Trailhead** at 5:45 AM or 7:10 AM. Cost \$8.00 for the first person; \$5.00 for each additional person. Reservations recommended 24 hours in advance; sign up at the Grand Canyon Lodge front desk. I will take care of sign-up for the group, if possible.
6. Checklist for hike to Grand Canyon

Fact Sheet & Checklist

June Temperatures (F):

Precipitation:

	High	Low	In Inches
North Rim	73	40	.86
Inner Canyon	101	72	.30
South Rim	81	47	.42

Grand Canyon Star Party—we were told last June that it would be at both rims June 5—12, 2010. Telescopes will be set up for daytime and nighttime viewing (weather permitting). Details: www.nps.gov/grca/planyourvisit/grand-canyon-star-party.htm

Cell service—I got service @ N Rim with Verizon, Virgin Mobil-no service; pay phone available @ Phantom Ranch

Checklist for Grand Canyon Hike: Ranger suggested a comfortable pack “right, tight and light”. Carry no more that 12% of body weight.

Backpack

Water—3 quarts (96 oz)

Water purification tabs (*Katadyn Micropur*)

Gatorade powder or equivalent

Money—cash for Phantom Ranch Canteen

ID card and health insurance card

Food—snack/ lunch for along the trail

Prescription medications

First Aid Items: Ibuprofen, band-aids, Ace bandage, facial tissue, etc

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Checklist Continued:

Personal hygiene items & ear plugs in case someone snores

Sunscreen & lip balm

Moleskin to prevent blisters / *Bodyglide* anti-friction gel (Sports Authority)

Hat; Hiking Pants; Shirts; Underwear; Hiking socks; Hiking boots; Raincoat/windbreaker; other

Sunglasses & reading glasses

Headlamp or small flashlight (with new batteries)

Ziplock bags for waste

Toilet paper

Hiking poles

Camera & charger/batteries

Sweat- wipe cloth

Large garbage bag—multi-purpose

Flip flops or shower shoes

Watch/alarm

Walkie-talkies

Whistle

Lighter

Piece of cord

Small knife

Paper & pencil

Mailing address labels for cards from Phantom Ranch

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PLAN & APPROXIMATE COSTS

	<u>COST</u>
June 8, 2010 Tuesday: Arrive at GC South Rim (265 miles) by Noon; eat at South Rim (?); park cars @ Bright Angel Lodge (Car pools—cost see below)	
Shuttle to North Rim (Trans Canyon Shuttle) check in @1:00 arrives N Rim 6:00PM	\$80 each
Dinner reservations @ <u>Grand Canyon Lodge</u> 7:00 PM; price depends on order	\$20+/-
<u>Deli in Pines open until 9:00PM</u> —get breakfast foods and sandwich for decent hike	\$10+/-
Stay on Grand Canyon North Rim, motel rooms, cabins; price varies	\$130
June 9, Wednesday: Breakfast light foods available at <u>Coffee Saloon</u> @ 5:30 AM**	
Hiker Shuttle to North Kaibab Trailhead @ 5:15 & 7:15AM — reservations required	\$7
HIKE down North Kaibab trail to Phantom Ranch (14 miles, strenuous)	
Ten-person cabin ; 10 bunk beds, a cold-water sink and toilet. Showers & hot/cold sinks & toilets are at a central location. Key provided for male & female washrooms.	\$31.50 x 2
ALTERNATIVELY: Rustic, dormitory space ; separate for women and men. Each has 10 bunk beds, a shower, and a restroom.	\$31.50 x 2
Hiker's Beef Stew dinner @ 6:30 PM Sharp	\$25.88
June 10, Thursday: Phantom Ranch; rest and/or hike(s) at bottom of canyon	
Breakfast 6:30 AM	\$19.46
Sack lunch (pick up at breakfast time)	\$12.27
NY Steak dinner @ 5:00 PM Sharp	\$41.33
June 11, Friday: HIKE out of canyon via Bright Angel Trail (10 miles, strenuous hike) to South Rim	
Breakfast 5:00 AM	\$19.46
Sack lunch (pick up at breakfast time)	\$12.27
Stay that night @ South Rim, Tusayan, or Flagstaff (varies)/ or drive back	Hotel
June 12, Saturday: Drive back to Chandler (car pools--pay driver \$33.00)	\$33.00

NOTE: There is no HOA insurance for offsite activities. Travelers and hikers are at their own risk.